



OR
[otter realm]

CSUMB SETS SAIL

PAGE 18

Sooner Rather Than Later

Caitlyn Johnson, Editor-In-Chief
CJOHNSON@CSUMB.EDU



She stands at 5 feet, 4 inches... His smile is crooked... She has an obsession with gaudy rings... His good luck shirts are always blue. These are a few people in my life who mean the world to me, and I love them just the way they are.

We all have these people in our lives, the people we automatically assume are well aware that we love and care for them, yet we never actually tell them. We never pick up the phone to call them, we read and delete an e-mail without response, we never think to send them a card just to say, "I am thinking about you."

These are the people who support us through the good, the bad and the ugly. You know these people as well as I do. They are the ones who want good in the world and work hard to make life better. When you are grouchy upon getting out of bed in the morning or stressed from an overload of homework, they never judge, never complain and always find a way to make it better.

These people in my life have never doubted me. They have always told me to reach for the moon. When I couldn't quite grasp it, they lent me a ladder. They give me hope when I feel hopeless. They are always there to give a firm but gentle push into the next part of life. They

make the effort, they make the time, they make the phone call.

I think it is time we take a moment out of our busy lives to say thank you, to say I love you and to ask how they are doing.

For all they have done in our lives, they deserve all of the gratitude we can offer. So let's make a card, send a note, buy flowers, place a phone call, write a story. Most of all, let's express our appreciation for their presence in our lives. These people make us who we are. Can they say the same of us?

She has silver hair. He drives a white truck. She teaches second grade. These are a few people I am going to contact right now. Take a minute and think about the people in your life and what they mean to you. Then take the next step and let them know how you feel. Perhaps sooner rather than later.

WHAT YOU OTTER DO! GOT AN EVENT? LET US KNOW!
OTTER_REALM@CSUMB.EDU

OCTOBER 1 - OCTOBER 15

TUE 10/6

MENTAL HEALTH AWARENESS DAY

11 A.M. - 1 P.M.

MAIN QUAD

The Personal Growth & Counseling Center will offer free, confidential screenings for depression, bipolar disorder, anxiety and post-traumatic stress disorder. At the screening, you can fill out a questionnaire and talk with a counselor about your personal situation. Even if you don't have a mood or anxiety disorder and are just going through a couple of bad days, you are invited to come take advantage of the program and learn about what services are available on campus. You may learn something that will help you or a friend in the future.

For more information, please contact Gary Rodriguez via e-mail or at 582-4437.

THURS 10/8

DOUBLE FEATURE: TRANSFORMERS 2 & THE HANGOVER

7 P.M.

WORLD THEATER

Doors open at 6:30 p.m. - Please NO Outside Food or Beverages.

Concessions will be available in the lobby. Proceeds benefit Associated Students. For more information, please contact Gary Rodriguez via e-mail or at 582-4437.

SUN 10/11

THE DOPE SHOW WITH ALAN SHERER

7 P.M. - 9 P.M.

OTTER STUDENT CENTER

Join us for this interactive game show hosted by Alan Sherer for National Collegiate Alcohol Awareness Week.

TUE 10/13

NCAAW FIRESIDE CHAT

7 P.M. - 8 P.M.

DIVARTY QUAD

Join Alcoholics Anonymous, Al-Anon and Police Department representatives by the fireside for stories and information about keeping yourself healthy. S'mores, hot chocolate and hot cider will be provided! B.Y.O.B. (Bring Your Own Blanket) There will be second fireside chat on 10/15 in the Main Quad.

THUR 10/15

CRASH FESTIVAL

11 A.M. - 1 P.M.

MAIN QUAD

Come out for your CRASH course in alcohol awareness! Speak with campus and community organizations concerned about your health and well-being. Tons of information will be provided, along with a drunk driving aftermath vehicle, to give you some perspective. We care about CSUMB students, so come out and show you care about yourself and your fellow Otters.

WHAT YOU'LL FIND IN THIS ISSUE:

NEWS P. 7 | WHITE SHARK AT AQUARIUM

ARTS P. 13 | LOVEVOLUTION

SPORTS P. 15 | ATHLETIC TRAINERS

OPINION P. 4 | PARKING ISSUES

NEWS

Hello... Bonjour... Buenos Dias...

Annie Sacks, Staff Reporter
ASACKS@CSUMB.EDU

Bonjour. Hola. Ciao. No matter what the language it is, increasingly important in the global economy to be able to say 'Hello'. Realizing the changes coming in the 21st century, CSU Monterey Bay (CSUMB) faculty members in 1994 worked to create and establish the basis for learning to interact in a larger context. Hence the second language requirement for graduation was born into the CSUMB curriculum, as the school sought to equip its future students to thrive in the new global frontier. "Students are always the focus," said Renee Curry, dean of the College of Arts, Humanities and Social Sciences. "Spanish is the first preferred language of students, followed by Japanese,

with American Sign Language (ASL) last."

However, budget cuts for the entire CSU system have affected every area of CSUMB, including language learning. Dean Curry states that every department has suffered cut-backs, but in the language department the reduction was made by percentages. As a result, CSUMB is no longer able to offer Italian, and other language class offerings have been trimmed. Teaching positions were cut accordingly. Dean Curry reiterated that the university did not want to reduce or eliminate any language course but it has become necessary. "Our hope is to bring in more languages but response to the budget cuts is to try to keep focus on what the students need."

Students have discussed difficulty in fulfilling their

language requirement. Taking a first semester course and being unable to follow with a second semester due to the lack of classes frustrates students. Many transfer students come to CSUMB unaware of the language requirement, and then struggle to fit it into their two-year plan to graduate. "I feel that the Language ULR at CSUMB is great, and I have benefitted from taking three semesters of a language," said senior transfer student Alexis Bertelsen. "But with the budget cuts affecting Cal State Universities the way they are, CSUMB might want to look at students who need to take the required classes, and adjust accordingly to accommodate everyone."

In an effort to ease the problem, CSUMB has made it possible to take language courses at different locations,

such as Cabrillo Community College in Aptos, or Monterey Peninsula College (MPC) or even the Defense Language Institute (DLI) in Monterey. The United States global recognition, which necessitate focusing on issues such as a global economy, global warming and global studies.

The language requirement pushes CSUMB students to succeed in this expansive environment. Faculty and students should continue to work together to help CSUMB fully equip students for the real world.



PHOTO PROVIDED

STUDENTS ARE ALWAYS THE FOCUS. SPANISH IS THE FIRST PREFERRED LANGUAGE OF STUDENTS, FOLLOWED BY JAPANESE, WITH AMERICAN SIGN LANGUAGE (ASL) LAST.

RENEE CURRY, DEAN OF THE COLLEGE OF ARTS, HUMANITIES AND SOCIAL SCIENCES.

New Bins=No Excuses

Tristan Von Junsch, Staff Reporter
TVONJUSCH@CSUMB.EDU

Day by day, as the earth's human population grows, humans consume more and more carelessly, leaving behind mounting piles of waste. Much of the waste produced is not going away any time soon. Each day the landfills are stuffed closer to capacity with junk that will take eons to biodegrade. Everyone contributes to the problem, including the CSU Monterey Bay (CSUMB) community.

Recycling, the process of taking a product at the end of its useful life and making another product from it, is only part of

the solution. It will not solve all resource issues or all garbage problems. While not everyone gets behind the recycle drive, it is no longer trendy and can be a chore. Folks should never lose sight of how each small effort can add up, if all are committed and consistent.

Recently, CSUMB has taken a step to mitigate the university contribution to the garbage mess by purchasing 3,100 new recycling bins to be used throughout the campus. A grant from the California Conservation Department made the purchase possible. Some 900 of the bins already have been placed in the student residence halls and at the North

Quad apartments. According to Campus Facilities Director Bob Brown, students are using the bins. "Before the bins were purchased," said Brown, "We were seeing dumpsters full of recyclables that were being thrown away. Now, with the bins, we are seeing a huge improvement in the amount of goods being recycled. The process of recycling can be easy to pass up when a trash can is the only option."

Last May, prior to the purchase of the recycling bins, Brown, other CSUMB staff and representatives from Monterey Regional Waste Management District did a "trash audit." They sorted a sample of 1.26 tons of the 5 tons of trash produced on campus and found that 15 percent of the material,

by weight, was recyclable. Instead it had been thrown in the garbage and was destined for a land fill.

North Quad resident Rebecca Barron said, "Before the bins, a lot of recyclables were going in the trash. With the bins, it's

very easy to recycle." With the availability of the bins it seems, less conscious effort is required to make a difference.



PHOTO BY TRISTAN VON JUNSCH

OR

Pirating Still Prevalent

Elliott Williams Staff Reporter
EWILLIAMS@CSUMB.EDU

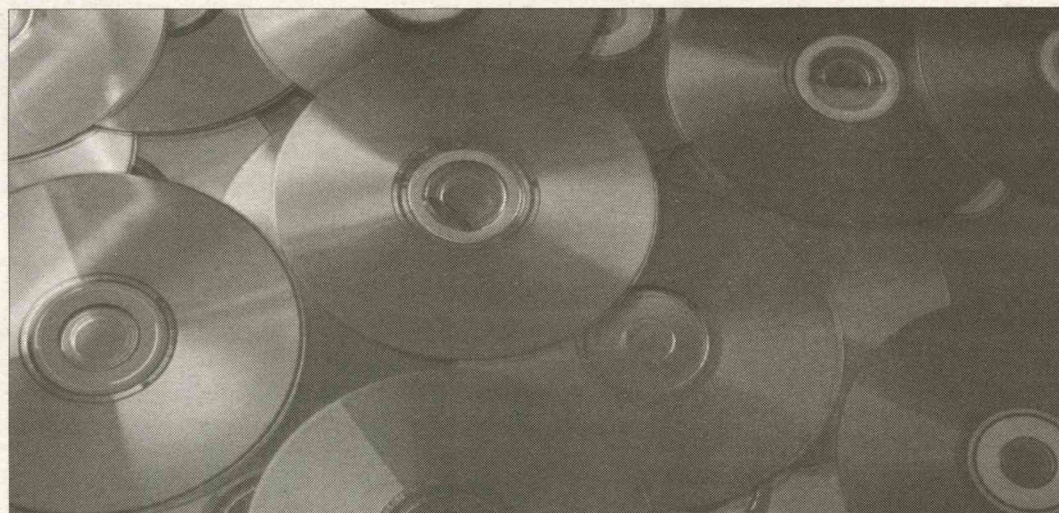


PHOTO PROVIDED

Downloading music is fast, accessible and, sometimes, free. Some would assert that using the internet to get music for free is stealing, plain and simple. Others, however, feel it is a necessity and selling an album for \$15 dollars is, technically, stealing.

CSU Monterey Bay (CSUMB) junior and Music and Performing Arts (MPA) major Joshua Margolis feels that downloading copyrighted music could possibly be good for the recording industry. "I think that it's a great way to discover new and interesting music. I think once people respect a certain artist, then they'll be willing to go out and buy the CD or download it off of iTunes."

Downloading music is not all fun and games. The perpetrators of copyrighted music run the risk of paying heavy fines or possible jail time. According to CNN.com, last April, four men who helped to create the peep-to-peer file sharing website, The Pirate Bay, were sentenced to one year in jail and were ordered to pay fines of \$3.6 million.

College students across America have been subjected

to a wide range of punishments as a result of getting caught illegally downloading content. Universities reportedly have been more lenient sending written warnings to students, or enforcing a strict policy by confiscating computers, or ultimately expelling the student.

"I definitely think it is stealing. I think it has become a lot more socially acceptable than, say, stealing something from the supermarket," said CSUMB senior and Kinesiology major Bryan Harding. "But that doesn't make it right. I'm not saying I look down upon people who pirate music, I just don't like how widespread it has become."

CSUMB senior and Information Technology (IT) major Andrew Kropff, does not see what the big deal is. "I don't think it is a bad thing. Any song you want is right there before you." It is commonly known that digital music has become very accessible. One can obtain just about any song with just a few clicks of a mouse—much to the dismay of record companies. Similar to newspaper production

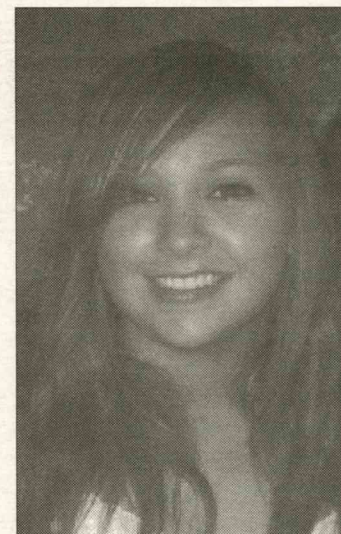
becoming secondary to the Internet, it is generally accepted that the recording industry is failing. "There are a lot of questionable variables and risks that go into buying a CD," said Kropff, "because typically, the costs greatly outweigh the benefits. In other words, if I pay for this, will it be any good? Is it worth paying 15 bucks for a half hour of music? Would it be easier to just download?."

Kropff said he compares the controversy of pirating music to America's controversy surrounding marijuana. "Maybe legalizing it would be for the greater good," he said. "Some people think if we taxed marijuana, then our economy would be in really good shape. Maybe they should make it legal, but charge people to do it in an indirect way, like making the Internet more expensive."

The controversy about e-piracy continues on campus at CSUMB. It appears that it is not going "awhile" anytime soon.

Parking Wars

Lauren Axworthy, Staff Reporter
LAXWORTHY@CSUMB.EDU



Most of us have encountered those little red and white slips; even at a distance they are recognizable on the windshield of your car and can ruin your day instantly. In my experience, they tend to appear when life isn't going my way in the first place. Throughout my time here at CSU Monterey Bay, I have had my fair share of parking tickets. While I cursed and belittled the officers who so generously gave them to me; in the end, I always knew I was in the wrong. In my defense, there just wasn't an 'appropriate' spot available, and sometimes I'm a little lazy.

So here I was, Fall semester 2009, ready for a fresh start and aiming to remain ticket-free. I began by purchasing a campus parking pass. Unfortunately, it was not enough. On a cold and foggy night in East Campus, I arrived to my court in the wee hours of the morning to find that there was not a single parking space available anywhere, even in my own driveway. Not wanting to park, what felt like a mile away, I simply parked in the tanbark directly parallel to my driveway.

The following morning I came to my car to find a citation for "parking off pavement," which generally isn't allowed. I felt the ticket to be unjust considering the absence of alternatives and the fact that I had parked in tanbark. All I could do was raise my hands in the air with a feeling of defeat—"I can never win."

East Campus is not the only place plagued by insufficient parking space. The problem is campus wide. While university population steadily grows, the number of parking spaces stays the same. Moreover, vehicles seem to be only more present this year on campus, as space becomes more limited; one must arrive early if they want a spot.

Not being the most punctual of people, I get even more delayed while I drive around in circles looking for a spot, like a lioness hunting for her prey. So when I do finally park in some patch of dirt, I anxiously await the end of class to see if that little red slip awaits on my windshield. Is the convenience of parking close to our destinations too much to ask for? After all, aren't we all just trying to make it to class?

Swine Flu

Lucas Anthony, Staff Reporter
LANTHONY@CSUMB.EDU

Last flu season, the H1N1 or “swine” flu infiltrated American media like Ross Perot running for president. As a result, this upcoming season has everyone from “Joe Six-pack” to all the “hockey moms” frightened of a possible flu pandemic, reminiscent of the film, “Outbreak.”

Despite what seems like the hype, with approximately 60 percent of CSU Monterey Bay (CSUMB) students living on campus, the threat of a flu outbreak is a real possibility. To minimize the spread of illness, CSUMB has implemented a pandemic plan that seeks to take educational and preventive actions.

In August, CSUMB Risk Manager Jerry Figuerres organized a table-top exercise with all departments of campus operations that might feel the impact of a flu outbreak.

“[It] was an academic exercise intended to identify challenges and develop

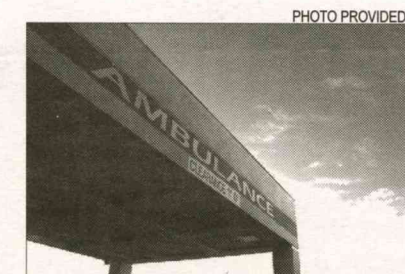


PHOTO PROVIDED

solutions to realistic situations during an emergency,” Figuerres said. “It helped identify areas where we need to develop protocols or policies to implement in the event of a real outbreak.”

The proactive exercise took place in the Emergency Operations Center (EOC). Located in the University Police Department (UPD), the EOC is the “nerve center” for getting first responders in place during an emergency. It also serves as a place for CSUMB team members to meet and address emergencies through elements of planning, logistics, operations, finance and community relations.

“We have access to the Internet, county and police communication radios, TV and AM/FM radio,” Figuerres said. “Depending on the emergency, we have

to tap into different departments and services.”

In years past, a plan was established to combat the Avian Flu. The campus pandemic plan for H1N1 has built on earlier methods to prevent the spread of illness. “Hand sanitizers and informational fliers have been placed around campus,” said Flo Miller, director of the Campus Health Center (CHC). “And personal protective equipment like masks and gloves are available for patients at the health center.”

While good hygiene might be a more obvious part of the plan, the less prominent element focuses on forecasting what effect a flu pandemic would have on campus in the next year or two. Potential issues range from the academic implications of infected students missing

classes without a doctor’s note because of an overcrowded CHC, to disabled campus operations, with some 70 percent of CSUMB employees unable to work due to illness.

“Our main concern, aside from the health and wellbeing of students,” Figuerres said, “is learning how a pandemic could disrupt the learning environment and the continuity with academics.”

Since the original table-top exercise, two follow-up meetings have been held. Figuerres said the plan is continually being updated as more is learned.

Scott Faust, CSUMB executive director for strategic communications, said there have been no confirmed cases of H1N1 on campus. Nevertheless, CSUMB is working through the CSU chancellor’s office to secure a supply of the H1N1 vaccine, which is expected to be available at the CHC by mid-October. The common seasonal flu shot is now available at the CHC for \$30. To learn more about ways to handle symptoms, read below.



Seeking Medical Attention?

Amy Irish, Staff Reporter
OTTER_REALM@CSUMB.EDU

Members of the campus community have several options to seek medical attention on and off campus:

Campus Health Center

The Campus Health Center (CHC) staff offers flu shots and general internal health services. Patients of CHC can make appointments (which is recommended) to get checked for flu symptoms, prescriptions for antibiotics, and many other basic medical needs. CHC is available to those students who have health insurance through the school, and only a school ID is required when visiting for an appointment. The CHC also can accept other forms of Preferred Provider Organization (PPO) insurances; however, it is best to call ahead to check with the CHC to see what forms of insurance are accepted.

The CHC is located on campus on the corner of Gen. Jim Moore Blvd. and Inter Garrison Rd., bldg number 80.

The Office Hours are: Monday-Friday 8a.m.-5p.m.

The telephone number is: (831)582-3965.

Doctors on Duty

If the CHC is unavailable Doctors on Duty is another local option for medical care. Located in Monterey and in Marina, Doctors on Duty is available for urgent care needs, including colds, strep throat, physical examinations and prescriptions. No appointment is necessary: only an insurance card and co-pay are required. It is important to check what forms insurance are accepted, as full payment of the bill will be due at the time of service.

Doctors on Duty offices are located at:

3130 Del Monte Boulevard in Marina
The Office Hours are: Monday-Friday 8 a.m. - 6 p.m. and Saturday 8:30 a.m. - 3 p.m.

The number is: (831)883-3330
2260 North Fremont in Monterey
The office hours are: Monday-Friday 8am-6pm and Saturday 8.30am-3pm

The number is: (831)372-6700

Community Hospital of the Monterey Peninsula

A third option for medical care is Community Hospital of the Monterey Peninsula (CHOMP). Known for its striking architecture and concierge care



PHOTO PROVIDED BY AMY IRISH

as the “Resort on the Hill,” CHOMP is available for appointments (only) with Internal Medicine Physicians for physicals, colds, flu, headache, stomach virus, prescriptions and referrals. This facility also can be utilized to address other more serious health needs including emergencies, diabetes, MRI’s, pregnancy, substance abuse and mental health conditions. CHOMP also has a new emergency department for those in need of immediate medical care without an appointment.

Although there are others, such as Salinas Valley Memorial Hospital,

CHOMP is considered the main hospital for the Monterey Peninsula, located at 23625 Holman Highway in Monterey. All information regarding finding a doctor and what insurances are accepted can be found on CHOMP’s website <http://www.chomp.org>.

OR

Otter of the Issue: Mindy Mills

Ashlee Trotter, Staff Reporter
ATROTTER@CSUMB.EDU



PHOTO PROVIDED
Mindy Mills the new Sports Information
Director at CSUMB

For her teams, both home and on the road, a long day lies ahead. Gearing up for the next game, whether it be in the office or courtside with her laptop and Diet Coke in hand, this Otter bleeds blue and sand. For her, it is second nature to love and appreciate all sports. She is Mindy Mills, CSU Monterey Bay (CSUMB) Sports Information Director (SID) and she cheers on all Otters.

"I love building relationships with the student athletes," said Mills. "I understand what I do for the students allows them to experience the best of their athletic career."

Mills is a long-time champion of college athletics. During college, she was a two-year

member of University of Wisconsin-Parkside volleyball team before she transferred to Indiana-Purdue Fort Wayne (IPFW) for her senior campaign. Mills earned a Masters in Communication while at IPFW where she was a graduate assistant in the sports information department. She then made the transition from coaching volleyball into looking for a full-time job as an SID.

Mills joined the Otter Athletic Staff in July of 2008 after working as the media relations director at Menlo College in Atherton, Calif. "It was a young athletic department and I am the first full-time SID this campus has ever had," she said. "I like helping build this program."

In the world of college athletics, most SIDs are men. "She is our first full-time SID, so I do believe she has made a difference in both CSUMB Athletics and in the California Collegiate Athletic Association (CCAA)" Associate Director of Athletics, Stephanie Duke, of Mills. New this year within the CCAA there are two women SIDs; Mills and Kelly Hayes of Cal State East Bay.

As a member of the Athletic staff at CSUMB, Mills' duties include creating media guides and programs for all home contests, distributing press releases to local media outlets, as well as live and video stats, which can be found on www.OtterAthletics.com. "I never do

the same thing," she said. "Some days I may work on the website; others I may work on student bios."

Helping student athletes enrich their college experience is a goal of Mills. As she contributes to the athletic department and website, she acts as an advocate for Otter Athletics. "Having someone [like Mills] benefits our student athletes," said Duke. "She nominates our student athletes for all academic awards and she is really good about making sure our athletes get recognized."

Next week, Mills will hit the ground running once again with eight games to cover in six days as the Otters continue CCAA conference play.

Personal Growth and Counseling Center: Know When to Get Help

Karen Eggemann, Staff Reporter
KEGGMANN@CSUMB.EDU

It is unknown how many students at CSU Monterey Bay (CSUMB) have tried to utilize services offered by the Personal Growth and Counseling Center (PGCC) during the three administrative furlough days CSUMB has already experienced. No one was there.

Considered an administrative office at the campus, the PGCC will be closed on five more dates this semester.

The PGCC was not explicitly covered when news of state-mandated furlough campus closure dates were made

public to the CSUMB campus community.

"Administrators representing all aspects of the campus and student life participated in planning for which campus offices and services would remain open on furlough days," said Executive Director of Strategic Communications Scott Faust. "Only a select list of campus offices and services were listed in emails, FAQs and other information widely shared about what would and wouldn't be open on furlough days. The PGCC wasn't specifically mentioned, and perhaps it should have been. That's something we can update on the website and in future communications."

Students, said Faust, can call 911 or call the crisis team at Community Hospital of the

Monterey Peninsula at (831) 625-4623 when the center is closed.

Resource for Students

Faculty and Staff play a role in assisting students who are emotionally distressed. An information packet provided by CSUMB states, in part, "[An] effective faculty/staff response to students in distress will include 'the three R's: RECOGNIZE, RESPOND, REFER.'" It also says, "Enrolled CSUMB students are eligible for evaluation and ongoing counseling services." All PGCC services are confidential.

According to PGCC Founding Director Caroline Haskell, the PGCC website is an excellent resource for students. "The waiting room of the PGCC is full of publications, pamphlets,

handouts," she said, "addressing a broad range of mental health issues facing college students." The PGCC website also is an excellent resource for students.

There is no charge to students for services at the PGCC, which include 10 individual sessions. Counseling, low-cost referrals to counselors outside of CSUMB, prevention services that help students improve their emotional well-being, and peer counseling are some of the additional services offered at the PGCC.

Those interested in meeting with PGCC staff or scheduling appointments should know, the PGCC will be closed on the following administrative furlough dates: Sept. 25, Oct. 9, Nov. 6, Dec. 4, and Dec. 31.

**ONLY A SELECT LIST OF
CAMPUS OFFICES AND
SERVICES WERE LISTED
IN EMAILS, FAQs AND
OTHER INFORMATION
WIDELY SHARED ABOUT
WHAT WOULD AND
WOULDN'T BE OPEN ON
FURLOUGH DAYS. THE PGCC
WASN'T SPECIFICALLY
MENTIONED, AND PERHAPS
IT SHOULD HAVE BEEN.
THAT'S SOMETHING WE
CAN UPDATE ON THE
WEBSITE AND IN FUTURE
COMMUNICATIONS.**

SCOTT FAUST, EXECUTIVE DIRECTOR OF
STRATEGIC COMMUNICATIONS

NEWS

Raising Baby Jaws

Safeer Bhombal, Staff Reporter
SBHOMBAL@CSUMB.EDU

Just the sight of its face in a television documentary can send a shudder down spines. Often called God's oldest killing machine, this mysterious creature to humans is for, a limited time, in residence at the Monterey Bay Aquarium. And members and guests alike are lining up to get a glimpse of the 'Great' White Shark.

The Monterey Bay Aquarium is the only one in history to successfully house a Great White Shark in captivity, having

The female juvenile was caught less than five miles off the coast of Malibu and transported by mobile aquarium to the Monterey Bay Aquarium, where she now lives as a main attraction.

Despite her stereo-typical terrifying nature, she is actually shyer than most sharks and has not once harassed any of her tank mates. She mostly resides in the back of the tank most likely hiding from aquarium visitors and in fear of their camera flashes. She does, however, come to the top of the tank to eat her meal of mackerel.

The purpose of such exhibits at the aquarium is to educate

an adult Great White Shark. Officials intend to keep their current guest as long as possible and hope she does not become highly aggressive, at which point they would need to release her to the sea.

"White Sharks are still a mystery to us so we are doing everything possible to learn everything we can about them," said Kantor. "One thing we do know, however, is that we are much safer in the water with them than we think, and that we have a higher probability of winning the lottery than ever getting attacked by one of these animals."

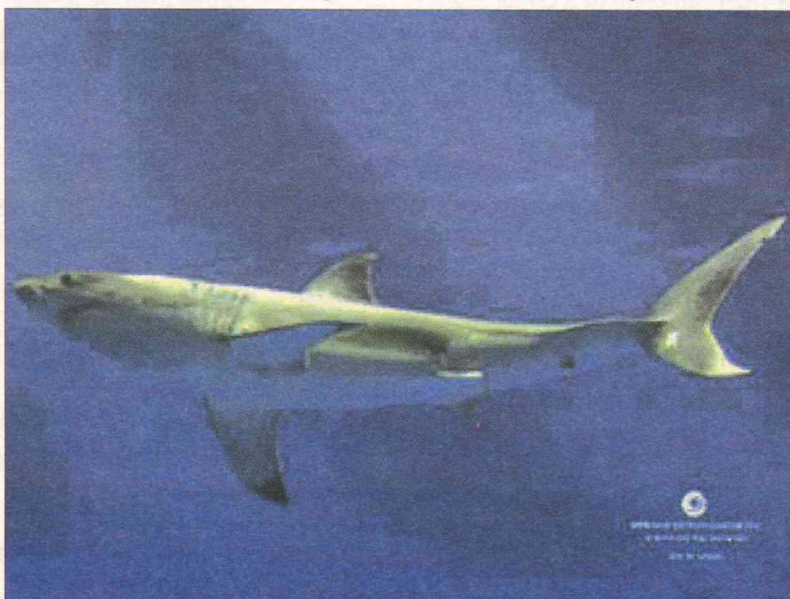


PHOTO PROVIDED

housed two others prior to its current resident. The most recent addition, a baby female, was caught off the coast of California.

"Aquarium officials have yet to give her a name," said Justin Kantor, dive safety officer at the aquarium and a member of the team responsible for creating the shark exhibit.

and dispel the negative notions which surround sharks. The term "Great White Shark," is not used at the aquarium, to help guests understand that they are not solely a scary and terrible creature. Much of the mystery of sharks and their unpredictable habits render them difficult house as guests, so facilities cannot house

The Monterey Bay Aquarium is located at 886 Cannery Row, Monterey, CA 93940 and can be contacted at (831) 648-4800. Any additional information can be obtained from their web site at <http://www.montereybayaquarium.org>.

Your Ad Here



**FOR MORE INFORMATION OR
TO PLACE AN ADVERTISEMENT
IN THE OTTER REALM CONTACT
JULI REAVIS
E-MAIL: JREAVIS@CSUMB.EDU
PHONE: (831)582-4348**

Surroundings: Lessons



Karen Eggemann, Staff Reporter
KEGGEMANN@CSUMB.EDU

To say I'm overjoyed sounds cliché. To say I'm in love might sound trite. But to share my good fortune with all of you simply feels right. Just days ago, my life changed again—for the better.

After my precious foster son "Toto" left just before classes began this semester, I believed no other child could enter my home and teach me more about what it means to love and be loved. But that was before the Department of Human Services in Kern County (DHS) called to tell my family that 4 1/2-month-old Nate needs a home.

And so—I am back to juggling ways to complete my assignments thoroughly and on time. This week however, I am really not "into it". All I want to do is be with my children, not do homework.

Granted, if I had completed my college education when I was younger, like the majority of students at CSUMB, I wouldn't be experiencing this dilemma at all, and thinking about the usual things 20-somethings think about such as classes, car trouble and perhaps kayaking on the Monterey Bay. But, I'm not.

I suppose, among what I am experiencing with Nate's arrival, is fear of commitment to the promise I made to myself years ago—that I CAN and WILL read every page assigned me, and earn my degree.

Really, I don't need to give up one to do the other. I don't need to let my class work slide merely because of other things that interest me. I CAN and WILL do it all. Sure, there's a possibility my grades won't shine as brightly if I 'do it all,' but won't the faces of my children glow when they put into action the lessons they're learning from me now when they are old enough to go to college?

OPINION OR

No Cop, No Stop

David de Grassi, Staff Reporter
DDEGRASSI@CSUMB.EDU

Around seven o' clock at night, the infamous Monterey fog settles across the campus dwellings of Frederick's Park, Schoonover Park, North Quad and the resident halls. Through the poor visibility, the numbing cold and the weak illumination of the scarce streetlights; driving becomes quite a feat. But the flashing lights of red and blue are clear, and the sinking feeling of trouble begins. The UPD (University Police Department) officer clicks on lights for rolling through a stop sign and speeding. Sometimes the officer is not visible, which makes it hard for some Otters to anticipate and avoid the gut-wrenching experience.

For most people, getting pulled over is a fearful or unfortunate experience.

failing to come to a complete stop, Whale knows this feeling. He was about half a block away from his home in East Campus. "I feel like they are vultures; he didn't even have his lights on."

When asked about the legitimacy of these stops, Commander Earl Lawson said that these stops are "Perfectly fine."

Yet traffic stops like these have somehow fallen into an urban rumor about being illegal. When it comes down to it, if a driver breaks the law, a police officer is obligated to act. Commander Earl Lawson, an officer on campus for more than 14 years, said, "Enforcement is the most visible [part of campus policing]. A lot of what we do [here] is not enforcement."

Commander Lawson strives to maintain high visibility to persuade drivers to slow down. "That," he said,

said, is that "if you see our officers on campus, so did someone with the intent to commit a crime."

Students still may be in for a rude awakening the next time they push the speed limit or roll a stop, Lawson said/ Some people will only slow down if they are afraid of getting a ticket. "It

makes sense," said Whale, "but I think their service would be better appreciated further from our homes." Whether driving like a grandmother on Sunday morning or like Mario Andretti on Saturday night, if planning on using California's No Cop, No Stop rule: Expect a crouching cop with a hidden ticket.



PHOTOS BY DAVID DE GRASSI



"This is ridiculous," said CSU Monterey Bay student Cory Whale, a pre-med major. "It's in our own neighborhood. It's like someone waiting outside your bathroom; listening and waiting to punish you if you happen to forget to put the seat down." Having been pulled over on Manassas in East Campus after

"is what visual deterrence is all about." Some students feel the officers here have a ruthless operating standard but, as reported by Commander Lawson "[officers] let a lot more people go than we cite." Simply by being present, officers are able to discourage speeding. "The goal of high visibility," Lawson

Modern Fiction Novel By Local Author

...a riveting story with some rather graphic and unforgettable scenes, especially when the action converges on a confrontation between the humans and the predatory animal whose territory they invade. ... those who enjoy a story that can be read on more than one level will find this a noteworthy novel.

The Salinas Californian
May 29, 2009

Support your community by purchasing a signed copy of *East Garrison* at **Ord Market** in Marina or **Star Market** in Salinas. For more info about *East Garrison* and author G.M. Weger visit <http://www.gmweger.com>.

Sunday Funday

Courtney Thorngate, Staff Reporter
CTHORNGATE@CSUMB.EDU

A drive along Carmel Valley Road leads the way to the open playground of Arroyo Seco, twisting and turning, offering colorful views of straw grass, emerald trees, ripe vineyards, ranches and a variety of wild life. There aren't many homes along the way, but those that exist stand out. A reported favorite is an old boat; to the untrained eye, it appears to be just a boat; however it serves as a functioning household.

The mountain road climbs frther and farther away from civilization directing to a sharp right turn on Arroyo Seco Rd. The road offers about three miles of views consisting of fall foliage and meadows that appear to stretch out forever.

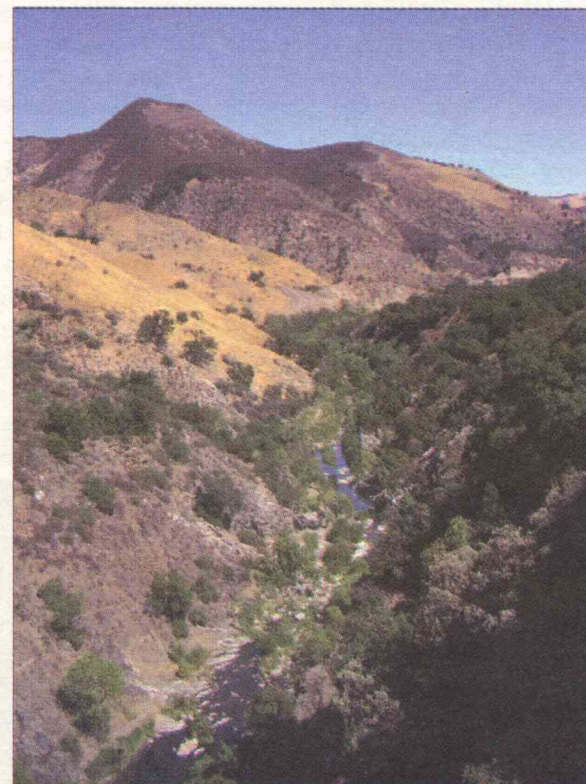
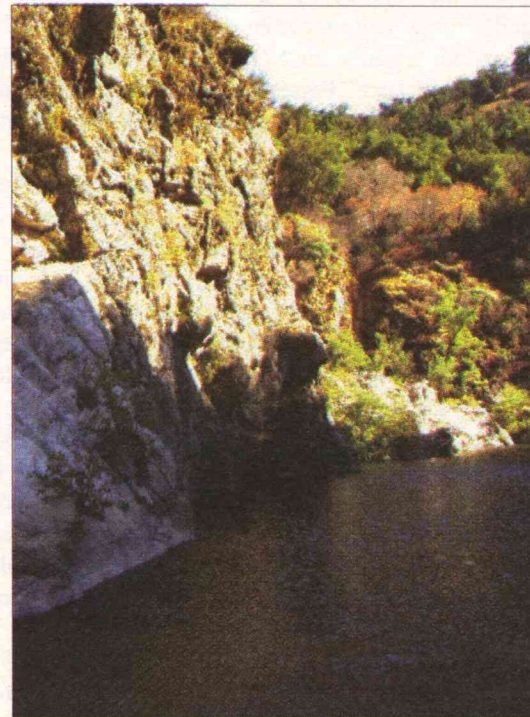
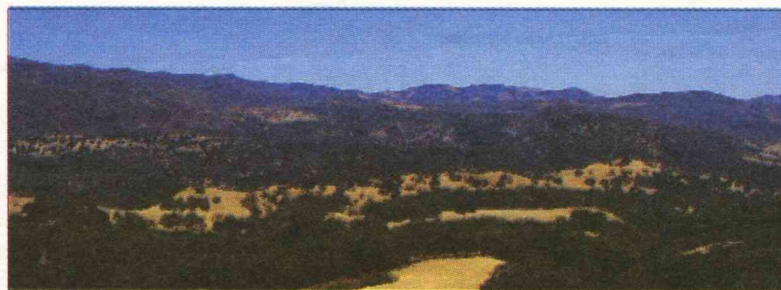
To purchase anything left behind, is a country store provides a range of items including food, sunscreen, floaties, knives and antiques. Following the road for 3.4 miles will deposit guests at the Santa Lucia trailhead. A day use-parking pass is \$7 to abandon one's vehicle in favor of exploring on foot.

Arroyo Seco offers an abundance of outdoor activities. Camping is available for those that would rather play longer then a day. A campsite for a family is \$20 while primitive family campsite is \$15, per day. Group sites are \$75 per day, and an annual day pass is \$40. The campsites are located on the riverbed, which allows for tent and R.V. camping; however, there are no hookups available.

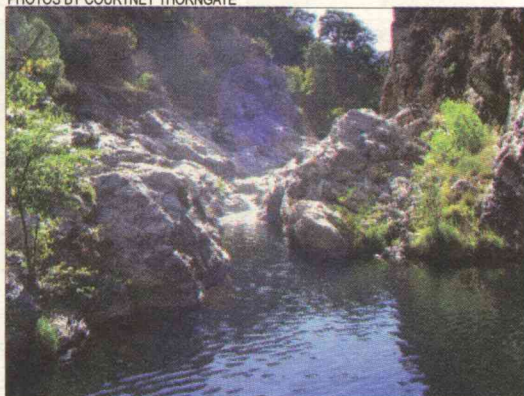
Picnicking, hiking, fishing, bike riding, camping, cliff jumping and relaxing near the Arroyo Seco River are among some of the things to do on the playground. Santa Lucia Trail leads a three-mile hike on an old dirt road that is no longer available for public vehicles to drive on because it is too dangerous. The road traverses the mountain, providing panoramic views looking down to the flowing river. The trail ends at two garbage cans, which stand like sentinels, directing the way down a more rugged path that peters out at the gorge. Chilled water awaits and the beach beckons bathers.

A variety of rocky cliffs surround a swimming hole, providing a secluded area to bask in the sun, eat lunch and cliff jump. "Be careful if you jump off the really high cliffs," said junior Business major Ian Dern, "just getting there is scary enough. Once you peek over the edge, you might have second thoughts." The smaller cliffs make an available jump for beginners and the larger cliffs await the more brave.

The playground doesn't end at the gorge, traveling down the river is a bit more challenging. "I like playing in the river and the gorge," said Lin Loson, public relations. "I never new how much wilderness space there is to discover here in this area." The river has clusters of slippery rocks. River rats should wear a pair of sneakers and bring plastic bags to keep property dry. Going downstream will take the adventuresome through caves, and more swimming holes with cliffs to jump from. The park is open year round and promises an adventurous journey.



PHOTOS BY COURTNEY THORNGATE



OR

Nor-Cal Ren Faire

Jed Metzger, Staff Reporter
JMETZGER@CSUMB.EDU

Caught in the daily routines of current times can be boring. People tend to stick to the plan and play it safe, but those routines become stagnant. People often express the urge to travel back to a specific time and experience a whole new world. Luckily, the Northern California Renaissance Faire is an opportunity to experience an alternative time frame first hand.

The Renaissance Faire has been held at this time of the year for several decades at Casa de Fruta in Hollister. The setting of the faire takes place circa the 1570s, re-creating the legendary Elizabethan Market Faire in the shire of Willingtown.

Many Faire attendees get involved in the vintage atmosphere by dressing up in costumes consistent with clothing from the 1500s. Some of the men in attendance dress in fully armored suits, which can blind passerbys from the rays of the sun. Women dress in the traditional Elizabethan and French dresses.

Some costumes can be suited to either gender. Some dress up colorfully as jesters, playing with juggling balls and doing acrobatic activities throughout the faire. Others dress as adventures and wear the hides of the animals they have hunted. Gypsies and peasants wear flimsy Birkenstocks, breeches, drawstring shirts and sleeveless loose fitting vests.

While costumes are required for those who perform on stage, as well as those serving goods and services, those who visit the faire can choose to dress to the setting of the 1500s or in modern clothing.

Many shows take place within The Renaissance Faire and are played out on several stages throughout the Faire. The Curtain Call stage, the stage closest to the entrance is shared by several acts. One of the more prominent acts includes Mezmeron, an illusionist and hypnotist. His show ties his hypnotic act with humor, leaving

the audience laughing and participants in a confused state.

Along the path is the Romany Camp Stage, which presents the act of the Silk Road Caravan Dancers. This is a more spontaneous spectacle, as guests are treated to a group of dancing gypsies covered in multiple covered scarves. The show is eye catching and provocative with the colors following the gypsies' movement, keeping the audience attentive and glued to the performance.

Another act performed on the Romany Camp Stage includes The Unruly Fools, which consists of Dave and Anita, a husband-and-wife duo. The juggling act moves at such a pace the audience almost can't keep up with it, and the "accidents" which occur on stage are so subtle keeps the audience pays attention throughout the show.

One stage, known as The Fools Stage, has two performers; MooNiE the Magnif'Cent and BRooN, who present their solo show filled with fire, laughter and constant interaction with the audience.

At the end of the day, the performers come together for a collaborative finale which has every available space occupied at the beginning and has everyone out of their seats giving both performers a huge reception standing ovation at the end.

Along with these side-splitting shows, are several other stages and multiple other acts which are just as entertaining. Included in these shows are the jousting tournaments, which take place on two occasions through the day. The clash between the two forces participating in the joust can be heard from even the farthest part of the faire.

Along with the show, multiple shops offer a wide variety of items that carry the theme of the faire, including goblets,



weapons and figures of dragons and other medieval creatures. A few shops also have games, such as knife throwing and archery.

"The environment is one big maze filled with something to do around every corner," said Lindsey Smith, a Renaissance Faire attendant. "Enough time in the faire has actually made people forget about the world outside, until they get kicked out."

The Renaissance Faire is open on weekends and will run until Oct. 18. Admittance is \$25 and the faire starts at 10 a.m. and ends at 6 p.m. For more information about the faire, visit www.norcalrenfaire.com.



NEWS

Vision And Volume

Brad Boatwright, Staff Reporter
BBOATWRIGHT@CSUMB.EDU

Ready for more works of film, literature, and music? The second installment of Vision and Volume presents chaos for your senses with Pi, Tarantula and In The Aeroplane Over The Sea.



Pi:

Pi is a 1998 psychological thriller, written and directed by Darren Aronofsky, of *Requiem for a Dream* popularity. In the film, Maximillian Cohen is a paranoid number theorist and math genius who believes that numbers can explain everything in the world. With the aid of a homemade super computer, Cohen searches for patterns in the stock market. One day his computer crashes and prints

out a mysterious 216 digit number. The next day, he meets a Hasidic Jew who is searching for mathematical patterns in the Torah and a code to unlock a message from God. While trying to help search for the patterns, Cohen is being secretly tracked by a group wanting him to explain the 216 digit number so they can manipulate the stock market for themselves. Engulfed by the madness of the number, Cohen is led to stop himself from knowing anything about the numbers any way he can. The film is shot in black and white, and the stylization of each shot gives it an alternatively eerie feeling. Utilizing a suspenseful plot line with unexplained number phenomenon, the film is unconventionally exceptional.

Tarantula:



The first and only book written by the "Voice of a Generation," Bob Dylan's, *Tarantula* is a stream-of-conscious rambling of Dylanesque characters. In the style of William S. Burroughs or Allen Ginsberg, the chapters read as smaller works but are almost nonsensical. The characters give brief snapshots of the lives and times of the mid 1960s. Although the book lacks any resemblance to a plot line, it features Dylan's characteristic rhythm and humor through wordplay and obscure referenced metaphors. A must-read for Dylan fans who enjoy his lyricism, wit and irony.

In The Aeroplane Over The Sea:



Neutral Milk Hotel's second studio album and Jeff Magnum's greatest work

to date. *Aeroplane* is a trip for the ears as Magnum takes the sound from soft and melodic to loud and chaotic. Featuring instruments from a singing saw and flugelhorn to a short wave radio and recorded tape loops; the album is a musical kaleidoscope of styles and influences. The lyrics jump from one metaphor to another, containing a personal association of images and threads. The *Aeroplane Over The Sea* is praised for its low-fi genius and is admired by bands such as Arcade Fire and Brand New.

Those whose senses are not melted or confused by what they have just experienced, can stay tuned for the next Vision and Volume, where more original works of creativity will be reviewed.

Blink 182 Reunited After Four Year Break-up

Shayna Resnick, Staff Reporter
SRESNICK@CSUMB.EDU

Many of us remember the band Blink-182, which caught the attention of music lovers with hit songs to include: "What's My Age Again?" "All The Small Things" and the huge hit, "I Miss You," which topped the charts in 2005. Shortly after their ever-growing success, they announced they would go their separate ways and did just that in 2005. Their albums included *Buddha*, *Cheshire Cat*, *Dude Ranch* and their fourth album, *Enema of the State*. They were considered a new-school punk rock trio from the conservative suburbs of San Diego, California.

Four years after the break-up, band members, Mark Hoppus, Tom DeLonge and Travis Barker are back on stage with a 're-union tour.'

During the band's hiatus, lead singer, DeLonge married, joined a band called Angels and Airways, and launched a clothing company called "Macbeth."

Base player Hoppus married his long-time girlfriend.

Drummer, Barker married and had three kids. Barker starred in a reality show, *Meet the Barkers*, which lasted just one season. Barker was in a devastating plane crash that killed four people just one year ago in September of 2008. Travis was left with severe burns and after 16 surgeries he has made a full recovery.

It is Hard to know if this was the 'wake-up call' for all three-band members. Could this horrific incident have inspired them to put behind them the petty differences that tore them apart. Regardless, the trio has reunited

and to the elation of many fans. Lead singer DeLonge in February of this year, made the announcement.

The three band members sat down with their former manager and decided re-unite to take their music back to their fans. The tour, titled Blink-182 Reunion Tour, kicked off in Las Vegas in July 2009 and performed to sold-out crowds at venues across the United States and Canada.

A few fans and CSUMB students tipped me off to the concert kitty-corner to CSUMB's backyard on September 13 at Shoreline Amphitheatre, in Mountain View. Two other bands, Weezer and Taking Back Sunday, performed with Blink-182, but according to one CSUMB student, "Blink-182 knocked the other bands off the stage." Not all reviews are positive.

Jason Bracelin, music journalist for Review Journal (reviewjournal.com) called their new stage performance "...mushy Hallmark card covered in curse words." However, in the same review, Bracelin also said "Drummer Travis Barker, who was hard to take your eyes off...has incredible hands, some of the best you will ever see." Regardless of his criticism, the concert review does have the title: "Blink-182 takes its music seriously" and the grade given to the return of Blink-182 is a "B+." Surely, any one of us would gladly take that grade.

Blink 182 member, Mark Hoppus, Travis Barker and Tom DeLonge



PHOTOS PROVIDED

OR

Fly Rides and Hot Chili:

11th Annual Marina Air Faire

Marc Russo, Staff Reporter
MRUSSO@CSUMB.EDU

Surely any event that combines classic cars, an air show, chili, and wine is counting on something for everyone. While these elements may not sound like they go together, they seem to find a way at the 11th Annual Marina Air Faire. The free event, scheduled on October 10, will be hosted at the Marina Municipal Airport.

Airplane enthusiasts can anticipate different types of aircraft, including old Army Warbirds such as the Goodyear FG-1D Corsair and the Curtiss P-40E Kittyhawk. The Kittyhawk was one of the first fighter planes in WWII, and is known for the shark-like nose of the plane. During WWII, the pilots often personalize their planes by painting the tips to escape the harsh realities of war. A few of the planes will be available for rides overlooking the Monterey coastline, including a 1940s Beechcraft Twin, a 1940s Stearman open

cockpit bi-plane and a two-man Helicopter. Prices have not been set, but reportedly will be from \$50 to a few hundred dollars depending on the aircraft. For information and exact pricing, stop at the Plane Rides booth during the event.

Along with the Warbirds, there also will be a Living History booth. Veterans will share their experiences anywhere from The Battle of the Bulge, to the infamous 10th Mountain Division. These men pressed their way through the mountainous terrain in Italy, and across German lines. The division was trained to fight in extreme winter conditions, which required learning skills, such as cross country skiing, downhill skiing and ice climbing.

"WWII is one of my favorite historical areas," said Brittany Land, sophomore and Psychology major. "I think it would really be interesting to hear their view of what happened."

Those more interested in war vehicles will find fully restored historic military vehicles. The

Military Vehicle Collector's Club will be providing the restored vehicles. For more information about the club or to see pictures of the types of vehicles that may be at the event, go to www.irdg.org.

Viewers motivated by both speed and style likely will seek the classic American muscle cars at the Classic Car show. Featuring cars from the 1930s and 1940s the show will include everything from hot rods to Bel Airs and Mustangs, providing another perspective of the

generation that helped change a nation.

After viewing the restored planes and cars, attendees will have the chance to participate in the Community Chili Challenge. This will mark the faire's fifth chili cook-off and is one of the more popular events in the faire whether competing or just eating. "I think I'm pretty good at making my own chili and want to enter this year," said sophomore and Business major. Chris Rudolph. "I regret not entering last year."

The Marina Air Faire will have a pancake breakfast, silent auction, food vendors and wine tasting. For information on competing in the Community Chili Challenge, directions to the event, or a list of 100 items up for auction, from golf packages to dinners at local restaurants, log onto www.marina-airfaire.com or www.goldcoastrods.org/events.htm.



PHOTO PROVIDED

Out of the MainSTREAM

OTTERMEDIA

CSUMB'S
AUDIO/VIDEO
NETWORK

LIVE DJs FROM
10 AM TO 2 AM
MONDAY THRU FRIDAY

CABLE TV: CHANNEL 71 WEB: TAT.CSUMB.EDU/OTTERMEDIA

ARTS & ENTERTAINMENT

Lovevolution: New Name, Same Festival

Brad Boatwright, Staff Reporter
BBOATWRIGHT@CSUMB.EDU

The plaza is crowded ablaze, with neon outfits, as heavy bass explodes from a set of speakers next to a gold jacuzzi. Costumed performers dance as brightly decorated floats circle the growing mass of bodies. A painted banner hanging between two trees announces, "Welcome to Lovevolution."

On Oct. 3 from 12 p.m. - 8 p.m., San Francisco's Civic Center Plaza will play host to the recently renamed Lovevolution, a gathering of electronic music fans there to listen to popular Djs

and dance to House, Trance, and Drums and Bass.

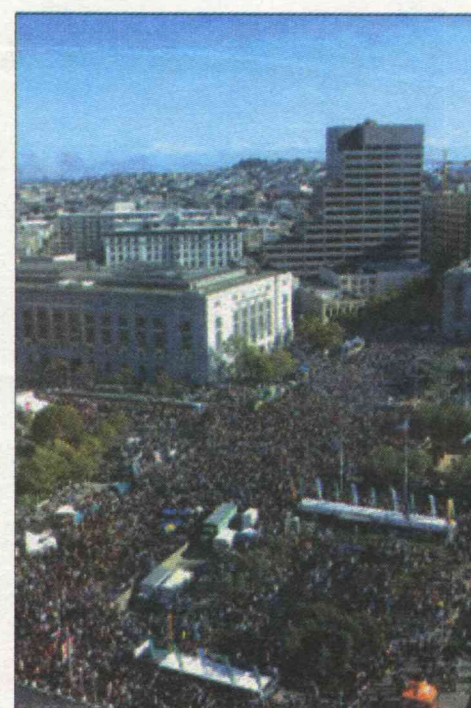
Lovevolution is perhaps a fitting name as the event has gone through a series of progressive changes through the six years since its inception. Originally called Love Parade after an event in Berlin, Germany, the name had to be changed to Love Fest since Love Parade committees only allowed such an event to take place in Germany. From 2006 to 2008, the event formally Love Fest. It still featured the same music styles, with participants still dressing in outrageous costumes. In 2009 the event, to once again changed its name after it was revealed that a Los

Angeles event had a copyright on the name Love Fest.

Along with a new name, minor additions have been introduced to the event. Although previous years' festivities have been free and open to the public, with an optional donation of \$10, the 2009 event will require that amount as an admission fee. "Previous year's donations came from two or three of every 10 people who entered the gates," said Love Fest founder Syd Gris. "This caused the event to go into debt and left us with the only choice of changing the gate structure." The fee has been put in place to cover the cost of police, street cleaning and what the city spends to maintain control over the event.

Gris reassures that the event is, "The same people and the same event," and that the parade will be "a balance of new blood and respect for older floats that show up every year." This year will feature popular Dj's Deadmau5, Fisherspooner, Amp Live, and about some 100 hundred others on floats with names like Mighty Pink Mammoths, The 6th Element, and The Red Light District.

"Last year's Love Fest was packed with people," said Bobby Beneshan,



senior Biology Major." And there were a lot of great Dj's. I'll be making the trip again this year."

The visit to San Francisco can be made by carpooling to the Millbrae B.A.R.T station and riding the train to the stop just a few blocks from the plaza. The plaza is easy to find as a steady stream of people will be flowing along the streets, and sidewalks, beckoned by the call of the blasting beat.



PHOTOS PROVIDED

Free For All at Santa Cruz Museums

Kelli Laughlin, Staff Reporter
KLAUGHLIN@CSUMB.EDU

Wake up, eat, class, eat, more class, finish homework, sleep. Wake, class, eat, class, eat, study, eat, sleep. Repeat. Students work hard in school, and it can get tiresome repeating the same old routine, day after day, without the relief of something new, different, fun.

The Santa Cruz Museum of Natural History (SCMNH) and the Seymour Marine Discovery Center host free admission days once a month just to encourage visitors to come see the new exhibits, to wander without requirement or restriction, to enjoy a change of scene, at their facilities.

SCMNH possesses a wide range of collections, including fossils from the local area, native Ohlone tribal artifacts, animal exhibits and marine life touch pools. The museum hosts its free admission day on the first Thursday of every month from 10 a.m. to 5 p.m.

Until Oct. 24, SCMNH joins forces with The Otter Project of Monterey to spotlight the annual Sea Otter Awareness Week by presenting its new exhibit, *The Otter Zone: Sea Otters in their Natural Habitat*. The exhibit celebrates the otter and its coastal habitat through a variety of works by local Monterey Bay artists.

The Seymour Marine Discovery Center (SMDC) also hosts a free admission day on the first Tuesday of every month, from 10 a.m. to 5 p.m. The SMDC is affiliated with the Institute of Marine Sciences, which is a lab that conducts field research

in Monterey Bay and the vast ocean beyond. The research scientists of SMDC have conducted many different marine field studies all over the world. And the aquarium at SMDC, "has a variety of animals, and many of the animals have dazzling and bizarre characteristics," said a staff member of the aquarium.

The newest exhibit at SMDC is Ultrasonic Fish, a research experiment by UC graduate student Jan Freiwald, who implanted acoustic transmitters in 50 kelp greenlings that live in the reef beds off of Lovers Point in Pacific Grove. Greenlings are a popular olive-yellow colored sport fish, which live in the temperate or subarctic waters in oceans off the Northern Pacific coast. The main focus of the study is to find out where greenlings swim and how far they roam off the coast. One of the

implanted greenlings is now in a tank for visitors to study at the aquarium in SMDC. Inquisitive minds can learn about Freiwald's greenling experiment, while observing the fish up close and personal.

The free admissions days at the Santa Cruz Museum of Natural History and the Seymour Marine Discovery Center are an opportunity for people to visit both facilities without spending any money. These monthly occasions enable visitors to leave their worries and their wallets at home.

OR

ATHLETE OF THE ISSUE:



KATIE BOS:

SENIOR

#2

**POSITION: DEFENSIVE
SPECIALIST**

HEIGHT: 5'5"

DIGS PER GAME: 3.22

Ashlee Trotter, Staff Reporter
ATROTTER@CSUMB.EDU

A full house awaits the set. Loud and unruly fans fill the Kelp Bed (Otter Sports Center), and anticipation grows. Childhood comes back in an instant with a little girl's memories of the scents and feelings, sending her back to her early days, growing up in a gym.

The buzzer sounds, and quickly she is snapped back into reality. Leaving a fingerprint on the CSU Monterey Bay (CSUMB) volleyball team has been a goal of Katie Bos, a senior in Kinesiology, from Lakewood, Calif., since the first day she stepped in the gym as a freshman. "I want to leave my mark on the program," she said.

Bos reached the rare 1,000 career digs, which is an all-out recovery mission of the ball before it hits the court, on Saturday, Sept 12 against Chico State. CSUMB alumna Brittany Etchings first

set the record with 1,304 digs after the completion of her career in 2007.

"Some people are making a big deal out of my 1,000 digs and I couldn't have done it by myself," Bos said. "I owe a lot to my teammates."

Bos is only the second CSUMB volleyball player to hit the 1,000-dig milestone within their college career. "Hitting and passing the 1,000-dig mark is a great accomplishment, one that is not achieved easily" said Head Volleyball Coach Jody Garry. "I am most proud of Katie's accomplishment because she is a true team player."

Competing in her fourth season for the Otters, Bos has found motivation through her teammates while enduring vigorous workouts and building team chemistry. "My motivation is my teammates. [and] it's when you feel you want to push yourself for the person next to you," said Bos.

The California Collegiate Athletic Association (CCAA) is a competitive

and tough conference, but with good leadership and strength from athletes such as Bos. "Katie's commitment to our spring and summer training is a true testament to what it takes to be an elite level player, leader and captain" said Coach Garry. The Otters are in the same conference of strong teams that includes two national powerhouses, Cal State San Bernardino, ranked at the number two spot and Chico State, ranked at 25.

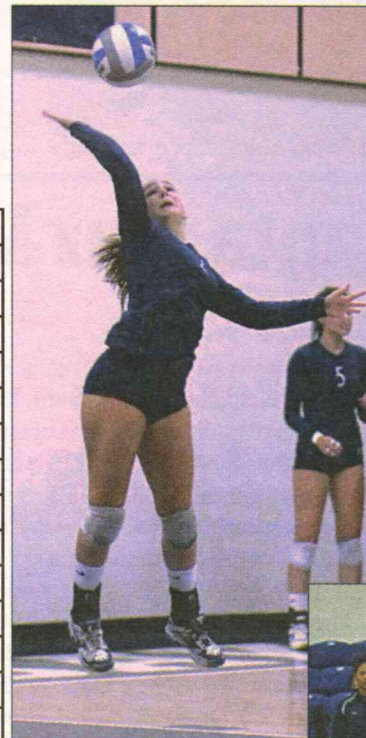
"[Reaching] 1,000 digs is an awesome accomplishment," said Garry. "However, with or without that number, Katie is an amazing person [and] player, and nothing will stop her from becoming a force to be reckoned with on the court, and in life."

Loud and unruly fans will fill the Kelp Bed, anticipation will grow as Bos and the other Otters continue conference play through Nov. The next home game is Wed. Oct 7 at 7 p.m.. Bos just may break the CSUMB record of most digs.

Otter Games

Date	Time	Sport	Location
Fri 10/2	7:00 p.m.	Women's Volleyball	@ UC San Diego
Fri 10/2	7:00 p.m.	Men's Soccer	@ Chico State
Fri 10/2	7:00 p.m.	Women's Soccer	@ Chico State
Sat 10/3	7:00 p.m.	Women's Volleyball	@ Cal State East Bay
Sun 10/4	11:30 a.m.	Men's Soccer	@ Cal State Stanislaus
Sun 10/4	11:30 a.m.	Women's Soccer	@ Cal State Stanislaus
Tue 10/6	3:00 p.m.	Men's Soccer	vs BYU Hawaii
Wed 10/7	7:00 p.m.	Women's Volleyball	vs Academy of Art University
Fri 10/9	12:30 p.m.	Women's Soccer	vs Cal State San Bernardino
Fri 10/9	3:00 p.m.	Men's Soccer	vs Cal State San Bernardino
Fri 10/9	7:00 p.m.	Women's Volleyball	vs Cal State San Bernardino
Fri 10/9		Men's Cross Country	@ SF State Gator Invite.
Fri 10/9		Women's Cross Country	@ SF State Gator Invite.
Sat 10/10	7:00 p.m.	Women's Volleyball	vs Cal Poly Pomona
Sun 10/11	11:30 a.m.	Women's Soccer	vs Cal Poly Pomona
Sun 10/11	2:00 p.m.	Men's Soccer	vs Cal Poly Pomona
Mon-Tue 10/12-13		Women's Golf	@ Western Washington Invite
Mon-Tue 10/12-13		Men's Golf	@ InterWest Wildcat Classic

SCHEDULE PROVIDED BY OTTERATHLETICS.COM



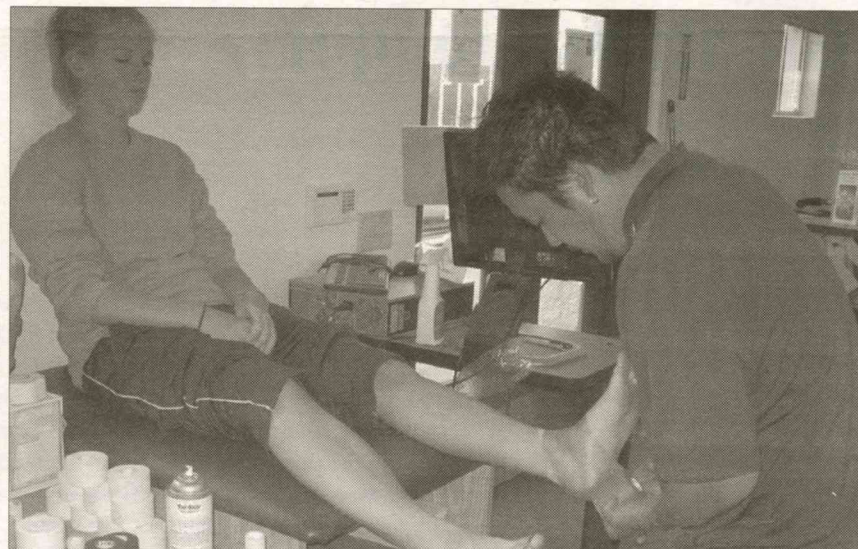
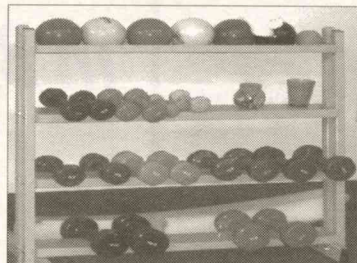
**ATHLETE OF
THE ISSUE:
KATIE BOS**

PHOTOS PROVIDED BY OTTERATHLETICS.COM

SPORTS

Athletic Trainers: Supporting the Otters One Player at a Time

Annie Sacks, Staff Reporter
ASACKS@CSUMB.EDU



Whether they are University of Oregon Duck fans or Ohio State Buckeye fans or CSU Monterey Bay (CSUMB) Otter fans, people often connect to a school through its sports programs. The focus tends to be on the athletes, the game and the social life built around them. But there is one group of people who assist the athletes, one cadre of colleagues who often go unappreciated: the unsung heroes known as the athletic trainers.

Most four-year universities have at least four to five athletic trainers on campus, who specialize in specific sports, and their work is often supported by a number of student trainers. CSUMB, however, has just three athletic trainers, who spend eight hours a day in the training room, wrapping wrists, taping ankles, icing knees and rehabilitating student athletes.

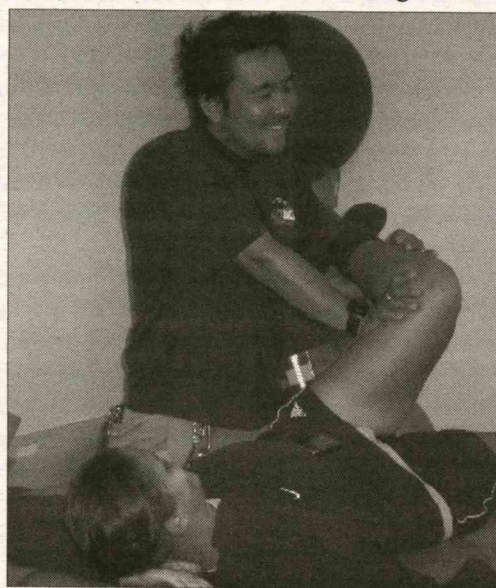
While campus police keep the CSUMB student body safe, athletic trainers keep student athletes secure. These trainers work with 13 CSUMB athletic teams, from water polo to basketball. CSUMB sports support almost 290 student athletes. Head trainer is Ken Howat; assistant trainers are David McNeil and Grad student Tailiro Hide. Each is assigned to certain teams and needs to be on site during practice and manning the training room at all times.

Furlough days have had an impact on the training room. Coaches take varying furlough days, making it harder for CSUMB trainers to coordinate with them. Not having trainers on site at all times can be a liability issue and safety issue. A soccer player heads the ball while running down the field,

creating a hole in her retina. If no one is on site, no trainer is there to assist, what becomes of the injured athlete? Coaches are CPR certified, but trainers are the specialists. "We don't have the man power to travel," said Howat. "We are very fortunate to have a worker like Tailiro who works more than he is supposed to, while traveling to San Jose State to work on his thesis."

Now that the fall season is upon CSUMB, currently with four teams playing in their season games, and three more teams getting ready to play, the trainers are more important than ever. Women's and mens' soccer, cross country and volleyball are currently playing. Injury is common among athletes, and treatment is key to their success. The trainers must work with student schedules, including class, practice and other obligations. When it comes down to it, they do what they can. Spending full days and often weekends working with all types of injured athletes keeps the training room staff on their toes, there is no down time, There is always someone playing, always an injury that needs work and always a pile of paperwork to do.

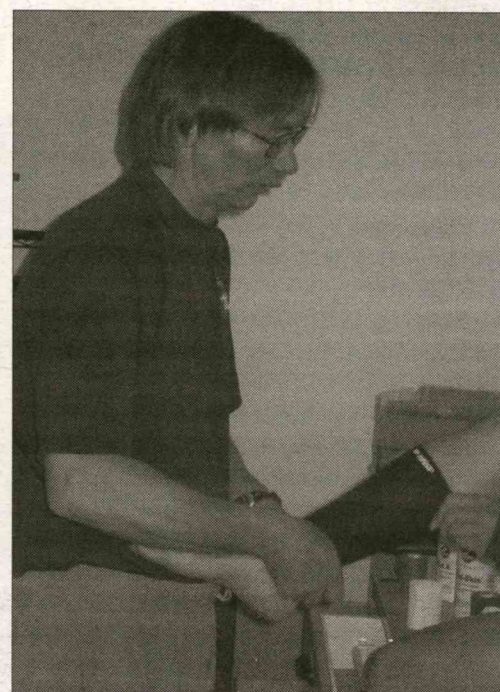
PHOTOS BY ANNIE SACKS



Tailiro Hide



David McNeil



Ken Howat

OR

Giants vs. Dodgers, A look back

Samuel Pereira, Staff Reporter
SPEREIA@CSUMB.EDU

A swift swing, a pitch that didn't break: a shot heard round the world. Bobby Thompson's 9th inning, game-winning home run off of Ralph Branca gave the Giants the 1951 National League pennant and put the Dodgers-Giants rivalry into elite status.

Today, with the Dodgers in first place in the NL West, and the Giants close behind, the rivalry between the two teams has added another notch to their already long and glorious history.

Surely this is the only rivalry in sports to move coasts together, beginning with league and location. The Dodgers resided in Brooklyn while the Giants swung and pitched in Manhattan, fighting for the National League pennant year in and year out.

In 1958, Dodgers owner Walter O'Malley presented a proposition to Giants owner Horace Stoneham: Let's pack up and move to California. This move provided both teams new stadiums, more money, more fans and at least one other team to play. They were the only Major League teams west of the Mississippi, other than the St. Louis Cardinals.

At the start of the 1970s, both the Dodgers and the Giants had accumulated five World Championships. The teams had been very competitive up to this point. This decade included no NL Pennants for the Giants while the Dodgers won the title of NL champion three times (1974, 1977, 1978).

The lowly 1982 Giants had no hope for postseason glory going into the final regular season game versus the Dodgers at Candlestick Park in San Francisco. In the true essence of rivalry, Joe Morgan, the all-star second baseman for the Giants, hit a game-winning homerun to knock the Dodgers out of the NL Pennant race and give the Braves the title.

"My favorite team is the Giants, and any team who is playing the Dodgers", said Thomas Spillbury, a sophomore Business major at CSU Monterey Bay (CSUMB). Not allowing the Dodgers to advance into the playoffs was the ultimate gratification for most fans of the Giants.

The Dodgers avenged this loss 22 years and one boom of the bat later. Steve Finley, a wily veteran for the Dodgers, launched his team into the playoffs with a walk-off grand slam versus the Giants who, as they did in 1982, were trying to play the role of the spoiler but failed.

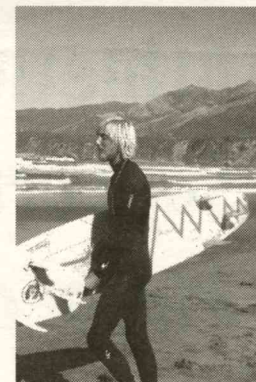
These moments will always be a part of the rivalry. "I think the Dodgers are going to walk off versus the Giants at least one time down the stretch," said Eric Pichardo, a sophomore Business major at CSUMB. "The teams are so close in talent," he said. "Its bound to happen."

The Dodgers and the Giants will have more great battles in the very near future, and as they say, history tends to repeat itself.

The Dodgers have won with their last-second heroics, and the Giants have relied on the all-star pitching staff this season. With the last stretch fast approaching, the rivalry will be easily renewed, whether the Giants are spoiling the Dodger's playoff hopes, or the Dodgers are clinching a spot against their main rival.



Current Swell: In Balance



Patrick Makenen, Staff Reporter
PMAKENEN@CSUMB.EDU

Surfing takes balance, practice and skill. So does life. For me, to strike a balance amid the natural stress of life, I must allow my level of tension to compensate with my levels of fun.

To achieve physical balance, surfing is one of the best options. As the saying goes, not surfing for seven days makes one weak. If I don't have the time or means to surf every day, which can happen to the best of us, other options can help keep me strong without water. For instance, a daily regimen of 50 or more pushups and sit ups can get me through the dry spell until I can jump back into the Pacific. Also, homemade balancing boards, using a flat piece of wood on top of a liter bottle filled with sand can strengthen leg muscles and balancing techniques. I simply put the board on the bottle and stand on top without falling off. Walking along a slack line can bring the same balance training as with the board and bottle.

In addition to physical stressors, many other factors come into our lives and throw us off balance. Relationships, homework, jobs and family can play a role in creating an unbalanced or stressful life. Being active in the ocean works well for me to relieve stress, but when I come back to reality, my problems don't always go away. I let the powers of the ocean calm me and level my head just enough that I can make the right decisions once back on dry land.

Nutrition can help balance a lifestyle as well. Eating the right foods and drinking lots of water can help my body compensate for all the crazy things that go on in my life. After a long surf, it's always good to grub on lots of food. Still, I'm careful. A diet of burritos and horchata is not always what the body needs to function. Similarly, partying too often can cause my dawn surf sessions to be canceled due to hangovers and lack of sleep. Balancing all these things so I have what I need and can still have fun is the best way to pump up my surfing abilities and opportunities.

In the long run, a balanced life can lead to some exciting adventures. Having the energy to go for some good waves can help in more ways than one. I like to weigh my priorities and my hedonistic ambitions to find the perfect steadiness. When I am in the curl, balance and peace of mind determine my outcome. There's a good chance that if you use this approach to life when making your choices, you, too, can become a winner without too many bruises.

SPORTS

OPINION

Serving Up the Competition

Elliott Williams, Staff reporter
EWILLIAMS@CSUMB.EDU

The Coyotes are coming to CSU Monterey Bay (CSUMB). As their season reaches the midway point, the CSUMB women's volleyball team face their biggest and most anticipated challenge of the year against the undefeated and nationally ranked San Bernardino State Coyotes.

"This is a big match," said CSUMB Sports Information Director Mindy Mills. "We have 18 players, which is the most we've ever had. This gives the coaches more options. The [California Collegiate Athletic Association] (CCAA) matches make a big difference in competition. It is one of the toughest conferences in the nation."

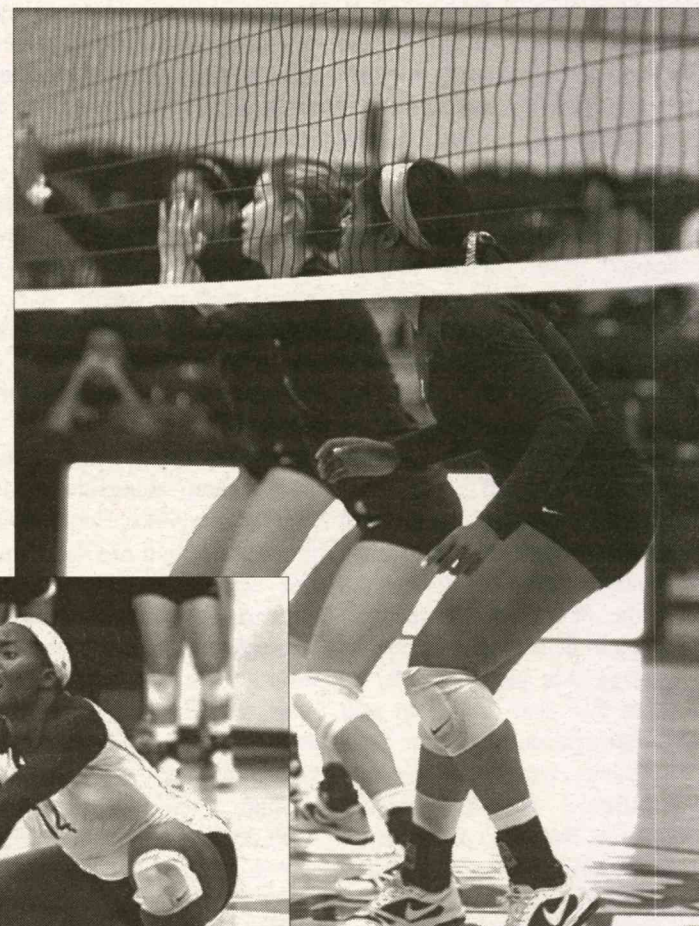
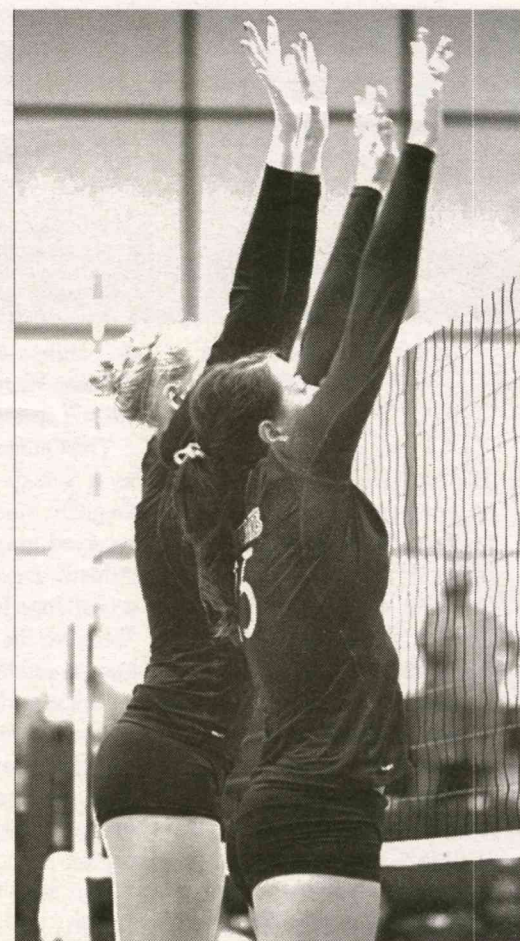
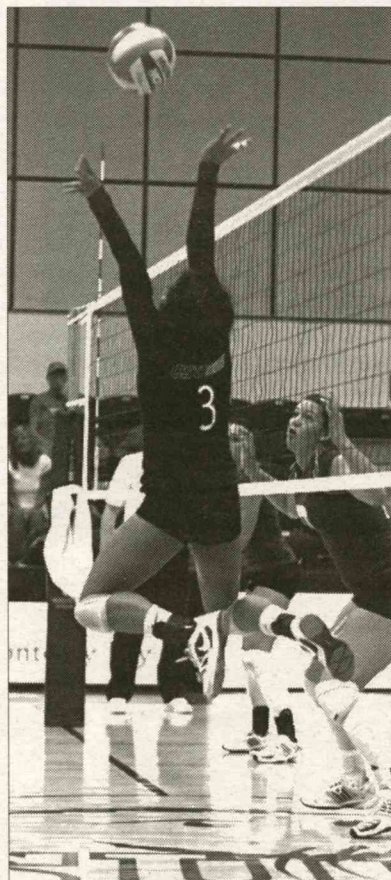
So far this season, the Otters have faced a few bumps in the road. Which may or may not impact their performance against the coyotes.

They faced a highly anticipated weekend as they hosted the Humboldt State Lumberjacks on Friday, Sept. 18, and the nationally ranked No. 15 Sonoma State Seawolves the following Saturday. The battle against Humboldt State proved to be a heartbreaker for the Otters, as the Lumberjacks came back from a two set deficit to take the win in a game that literally came down to the last point in the last set 3-2 (19-25, 23-25, 25-19, 25-22, 15-13).

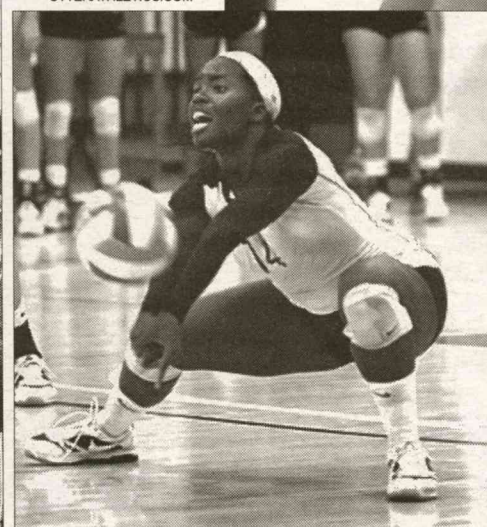
The next day, the Otters hosted the Seawolves in a four-set CCAA battle that ended in the Otters again falling short 1-3 (25-23, 18-25, 25-19, 25-17). For the Otters, it was their third game in five days, having lost another heartbreaker to San Francisco State 2-3 (14-25, 25-20, 19-25, 25-19, 11-15) the preceding Tuesday.

As of Sept. 25, the Otters had a record of 5-7, and are 1-4 in CCAA matches going into the game against San Bernardino State. They are among the top 100 in the nation in digs per set, assists per set, kills per set and aces per set. Sophomore Outside Hitter and Education major Rheann Fall leads the CCAA in aces, and is ranked No. 11 in the nation in kills per set, averaging 4.17 after 50 sets.

The Otters will make the serve against the Coyotes on Oct. 9 in the Kelp Bed (Otter Sports Complex) at 7 p.m.



PHOTOS PROVIDED BY
OTTERATHLETICS.COM



OR

Sailing Otters: Hoping to Qualify for Conference Finals

Lucas Anthony, Staff Reporter
LANTHONY@CSUMB.EDU

The icy wind hammers his face as whitecaps slap the side of his boat. With the motor turned off and the hull anchored to the sea floor, Coach Frank Degnan stands, facing his fleet. A megaphone pressed to his lips, he shouts pre-race commands to the sailboats swarming the starting line in anticipation of the final whistle.

CSU Monterey Bay (CSUMB) sailing team has been churning the waters of the Monterey Bay since 2003 and is looking forward to making waves in their sixth season as part of the Pacific Coast Collegiate Sailing Conference (PCCSC).

"There are a lot of new people this year, so we're looking forward to rebuilding and competing as a strong team," said varsity skipper Brad Schoch, a senior Information Technology and Communication Design (ITCD) major. "I want us to place well and show that CSUMB has a strong team because we are usually written off."

The sailing Otters went into last spring's conference championship ranked fifth in the PCCSC North. Degnan hopes to better the co-ed team's ranking this year. In order to meet this goal, the team will go up against rivals Cal State Maritime, University Southern California (USC), Stanford and Cal Berkeley, all of which have more resources and history behind their sailing teams.

As part of the Inter-Collegiate Sailing Association (ICSA), most sailing teams are regarded

as clubs and receive less funding than the more popular NCAA sports.

The Otters are actually treated as a varsity sport at CSUMB. Degnan said he has always received great support from the Athletic Department. "It is still a challenge to compete, he said, "because the larger, more well-known schools find it easier to recruit experienced sailors."

Competing against more seasoned sailing programs is only one obstacle the Otters will maneuver before the fall season begins.

"At the beginning of the season, we are trying to find people to push Brad [Schoch]," Degnan said. "It's tough for him to improve without that. We also have to find a fleet skipper and work on our consistency to be strong this year."

Maryan Gonnerman and Schoch and a junior Environmental Science Technology and Policy (ESTP) major, staff the varsity 'A' boat while Degnan is still searching for the right combination of skipper and crew for his varsity 'B' boat.

Schoch skippered the 'A' boat last season alongside junior ESTP major Zach Haney. With the new addition of Gonnerman this season, she and Schoch have shown promise in practice sessions and look forward to testing the waters against other teams. Haney is fighting to skipper the 'B' boat for the Otters this year.

Schoch and Gonnerman each attribute their success of the 'A' boat to their childhood sailing experiences and attraction to the open water. "I love being on the ocean, going fast and racing," said

Gonnerman, "but sailing is a mentally and physically tough sport."

Gonnerman is able to use her knowledge and experience to work in sync with Schoch. "I don't have to say anything," Schoch said. "She already knows my next move and that gives us a real advantage."

With a difficult season ahead of them, the sailing Otters anticipate a blend of good fun and great competition. "Sailing is the perfect sport for college kids. They race twice, then hang out on the beach, throw a Frisbee or catch up on homework," said Degnan. "But a sailor has to have the

mental ability to 'flip the switch' and go back out and compete in two more races."

During league races, Degnan will watch from the shore as his sailors face diverse water and wind conditions that demand great skill amid the legion of competitors' boats.

The CSUMB Sailing team opens its fall season Oct. 10-11 with the intersectional Stoney Burke Regatta, hosted by Cal at Treasure Island in the blustery San Francisco Bay.



PHOTOS BY LUCAS ANTHONY



News (831) 582-4066
Advertising (831) 582-4348
Fax: (831) 582-4349
E-mail: otter_realm@csumb.edu
www.otterrealm.net

Editor-in-Chief
Caitlyn Johnson

Production Manager
Shannon Conner

**Advertising/Distribution
Manager**
Juli Reavis

Webmaster
Mark Johnson

Staff Reporters
Vanessa Ann Richelle Anderson
Lucas Anthony
Lauren Axworthy
Saefer Bhombal
Brad Boatwright
David de Grassi
Karen S. Eggemann
Amy Irish
Kelli Laughlin
Jed Metzger
Shayna Resnick
Marc Russo
Annie Sacks
Courtney Thorngate
Ashlee Trotter
Tristan von Junsch
Jordan Walsh
Elliott Williams

Production Staff
Claire Crosbie
Monica Guzman
Destinie Schroff
Marc Russo
Kristin Leal
Patrick Makenen
Julie Perez
Annie Sacks
Elaine Schumacher
Courtney Thorngate

Newspaper Advisor
Lisa C. Watson

om·buds [äm-bu-dz]

1. One who investigates reported complaints (as from students or consumers), reports findings and helps to achieve equitable settlements.

"The Colleges' and Universities' student newspapers are the last bastion of hope for the future of—United States of America—. Singing my song since 1975, it helps a little. Be nice to hear someone else, singing my song."

--True Blue American Convict

Thomas J. Smith Jr. #75850

Tennessee Department of Corrections

(To view the complete letter visit www.otterrealm.net)

Recently the Otter Realm (OR) received a song and letter from Mr. Smith, 75. Smith, who has been incarcerated since Dec. 20, 1972, expressed his opinion about what is wrong with America. While he may have a biased opinion due to his lack of freedom, he is being proactive and doing what he feels is necessary to make a difference in this country.

Smith's letter brings CSU Monterey Bay (CSUMB) to mind.

I hope our readers discover passion for what they believe. This newspaper is meant to be a form of two-way communication. In my travels around CSUMB, I have experienced many suggestions and emotions about the Otters' bi-weekly paper. Still, the editor-in-chief has received no letters or emails offering complaints or suggestions.

If the readership wants the OR held to superior standards action must be taken.

Send Comments to otter_realm@csumb.edu

Your Ombudsman,
Lucas Anthony

EDITORIAL POLICY

The Otter Realm is a bi-weekly student publication produced by the Otter Realm club and HCOM 389. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty, staff or college policy.

The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print on these pages. The Editorial Board reserves the right to edit for libel, space or clarity.

OTTER OOPS

In the article "Out on the Town: Monterey" it is incorrectly stated that Planet Gemini is open for the 18+ crowd every day. They serve 21+ every day except Thurs, when it is 18+.

 **Stay Current Online at**
www.otterrealm.net

6							2	9
1		2		8	6		4	
	8		9		2		7	
				6	1	3		4
		8	3		7	1		
3		9	2	5				
	4		1		3		8	
	3		5	4		2		6
9	5							7

SUDOKU
su·do·ku [sōo-dō'kōo]

Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.



Journal Healing

You Gotta Have Space

Staff Reporter

OTTER_REALM@CSUMB.EDU

In a relationship, "I need some space" rarely means room on the couch, a drawer of one's own or one's fair share of the bed. In fact, as ambiguous as they may seem, those four words usually come across loud and clear as the kiss of death, the end of an era, the beginning of goodbye.

Unless you know how to deal with it.

Although the mere mention of it can send shivers down the spine, space can be a very healthy thing in a relationship. In fact, it is actually imperative to keep the fun alive and well with your precious hunny bunny.

The need for space is part of a psychological theory called habituation. Relationship coach Jenn Oikle, PhD, said, "When people are together almost every day and get used to that person, their presence no longer elicits a feel-good response." So, you just get used to that one-special someone, maybe even taking him or her for granted. And that's why you stop getting butterflies when you see your partner come through the door.

Think about it. The first time your significant other uttered those three magic words, "I love you," your heart skipped a beat, your knees buckled, and your eyes grew wide. Of course, there's always the possibility you were repulsed because the feelings weren't reciprocated. But let's stick with the ideal reaction.

The first time you were told you were loved in a romantic way, it was new and exciting. The second time they told you it was still fun but, by the third time, it had become customary. Face it; if you and your lovebird were still together months after the honeymoon phase, those three words likely became more mainstream than mesmerizing.

This routinization also is true with just about everything else in relationships. Although it does make sense that, because you are in a relationship you want to spend time together. No one wants to be with the exact same person all day, every day, doing the exact same things. Not only does this get repetitive, but as habituation theorizes, the feel-good response is lost and you start losing feelings for your partner.

It comes down to this. If you want to keep your relationship fun, give each other the space you need. Do your own thing. On your own. Not only will you get to do what you enjoy, but it will help generate more interesting conversations because you won't know everything the other person is going to say about the day's events. It also lets your partner know that you can still do your own things, which is always a good thing.

Think of what attracted you to your snuggle buns in the first place. I'm willing to bet it wasn't their constant need to be with you, but quite the opposite – that seductive unavailability that made you work for it. If you can't take my advice, consider "The Hills": Be your own person and don't get stuck in a Speidi situation.

My lovely readers; remember if you want to keep close, you've got to have space, space, space (to be sung to the tune of George Michael's "Faith").

OR

Person on Campus

Are you taking any special precautions to prevent H1N1 (swine flu)?



CONDOMS
-ERIC ZAWOLKOW,
MUSIC SENIOR



**I USE HAND
SANITIZER ON
CAMPUS EVERY
TIME I PASS ONE**
-SARAH BYERS,
BUSINESS JUNIOR



**BY USING SLEEVES
NOT TO TOUCH DOORS
AND TRYING TO AVOID
SHAKING HANDS**
-PAUL FULLER,
BUSINESS ACCOUNTING
JUNIOR



**TAKING HUGE BIG
VITAMIN C PILLS**
-ASHLEY HUGHES,
BUSINESS JUNIOR



**WHAT I ALWAYS DID,
WASH MY HANDS**
-NICHOLAS GENINI
SBS HISTORY SENIOR

Date	Tide	Time	Tide	Time
Oct 1	4.6	9:44 a.m.	0.7	3:22 a.m.
	4.8	9:32 p.m.	1.6	3:36 p.m.
Oct 2	4.9	10:04 a.m.	0.9	3:48 a.m.
	4.7	10:14 p.m.	1.2	4:12 p.m.
Oct 3	5.1	10:26 a.m.	1.2	4:14 a.m.
	4.5	10:57 p.m.	0.8	4:49 p.m.
Oct 4	5.4	10:50 a.m.	1.5	4:40 a.m.
	4.3	11:43 p.m.	0.4	5:28 p.m.
Oct 5	5.6	11:16 a.m.	1.3	5:07 p.m.
			0.1	6:10 p.m.
Oct 6	4.1	12:33 a.m.	2.1	5:36 a.m.
	5.7	11:46 p.m.	0.0	6:57 p.m.
Oct 7	5.8	1:30 a.m.	2.5	6:07 a.m.
	5.7	12:22 p.m.	-0.1	7:49 p.m.

Date	Tide	Time	Tide	Time
Oct 8	3.6	2:39 a.m.	2.8	6:43 a.m.
	5.7	1:05 p.m.	-0.1	8:50 p.m.
Oct 9	3.5	4:01 a.m.	3.1	7:31 a.m.
	5.5	1:58 p.m.	-0.1	9:57 p.m.
Oct 10	3.6	5:28 a.m.	3.3	8:47 a.m.
	5.3	3:07 p.m.	-0.1	11:06 p.m.
Oct 11	3.8	6:33 a.m.	3.2	10:32 a.m.
	5.2	4:28 p.m.		
Oct 12	4.1	7:18 a.m.	-0.1	12:10 a.m.
	5.1	5:51 p.m.	2.8	12:06 p.m.
Oct 13	4.5	7:55 a.m.	0.0	1:05 a.m.
	5.0	7:06 p.m.	2.2	1:20 p.m.
Oct 14	4.9	8:28 a.m.	0.1	1:53 a.m.
	5.0	8:13 p.m.	1.5	2:20 p.m.

Tidal Forecast